



May 10, 2012
Media release

Spend quality time together with family at the 35th Annual Sport Chek Mother's Day Run and Walk

CALGARY – There's still time for Calgarians to register for the 35th Annual Sport Chek Mother's Day Run and Walk. This year's event will kick-off at Chinook Centre (61 Ave and Macleod Trail) on Sunday, May 13, 2012, and features a 5 KM and 10 KM course.

The Mother's Day Run and Walk offers fun for the whole family, featuring a 10 KM run, 5 KM run or walk, 5 KM and 10 KM Wheelchair Division, a Little Legs Race for kids aged 2 – 6 years, plus great on-course entertainment and lots of awards and prizes. Warm up for all participants begins at 8:40 a.m. at Chinook Centre. The wheelchair event begins at 9 a.m. and the run and walk begins at 9:05 a.m. The Little Legs Race, awards ceremonies and entertainment will commence at approximately 10:45 a.m. at Chinook Centre.

Those interested in registering for the event can still register at the Fitness Fair on Friday, May 11 from 10 a.m. – 8 p.m. or on Saturday, May 12 from 9 a.m. – 4 p.m. at Mount Royal University Recreation Centre (4825 Mount Royal Gate SW). All collected pledges should be taken to the Fitness Fair. Race packages will be ready for those participants who have already registered. There will be **NO** event day registration on Sunday, May 13.

A portion of the proceeds generated from the event will go to the Calgary Health Trust in support of Neonatal Intensive Care Units at the Foothills Medical Centre, Rockyview General Hospital and Peter Lougheed Centre. Proceeds from this year's event will go towards purchasing five Sipap Units which provide a non-invasive method of assisting babies to breathe and avoid the need for incubation; a neonatal ventilator; eight baby bed warming systems that will reduce external stimuli and encourage mother-baby interaction and a phototherapy bassinet for premature infants.

For more information, visit www.mdrunandwalk.com.

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For more information, contact:

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